

UNITED STATES DISTRICT COURT  
CENTRAL DISTRICT OF CALIFORNIA

RITA G. SOOHOO, ) Case No. ED CV 08-1761-PJW  
Plaintiff, )  
v. ) MEMORANDUM OPINION AND ORDER  
MICHAEL J. ASTRUE, )  
Commissioner of the )  
Social Security Administration, )  
Defendant. )  
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)

I. INTRODUCTION

Before the Court is Plaintiff's appeal of a decision by Defendant Social Security Administration ("the Agency"), denying her applications for Disability Insurance benefits ("DIB") and Supplemental Security Income ("SSI"). Plaintiff claims that the Administrative Law Judge ("ALJ") erred when he: 1) found that she was not credible; 2) rejected testimony from her son and daughter-in-law; 3) failed to accept a treating doctor's opinion that she was disabled; and 4) relied on the vocational expert's testimony, which was flawed. (Joint Stip. at 3-9, 14-16, 18-19, 22-24.) Because the Agency's decision is not supported by substantial evidence, it is reversed and the case is remanded.

## II. SUMMARY OF PROCEEDINGS

Plaintiff applied for DIB and SSI on June 16, 2005, alleging that she had been unable to work since February 13, 2004, because of fibromyalgia, arthritis, and depression. (Administrative Record ("AR") 88-89, 127, 137.) The Agency denied the application initially and on reconsideration. (AR 119-31.) Plaintiff then requested and was granted a hearing before an ALJ. (AR 111-15.) Plaintiff appeared with counsel and testified at a hearing on August 22, 2007. (AR 41-87.) On October 10, 2007, the ALJ issued a decision denying benefits. (AR 22-33.) Plaintiff appealed to the Appeals Council, which denied review. (AR 16-20.) Plaintiff then commenced the instant action.

### III. DISCUSSION

## 1. The Credibility Determination

In her first claim of error, Plaintiff contends that the ALJ erred in discounting her testimony that she suffered from pain throughout her body, had poor concentration, was unable to sit or stand for lengthy periods, was forced to spend three to four days per week in bed, and experienced side effects from her medication. (Joint Stip. at 3.) Plaintiff argues that, though the ALJ provided numerous reasons to support his credibility finding, none of them is legally sufficient. (Joint Stip. at 3-9.) For the following reasons, the Court agrees that the ALJ's credibility analysis was flawed and remands for further proceedings.

24 ALJs are tasked with judging the credibility of witnesses. In  
25 making these credibility determinations, ALJs employ ordinary  
26 credibility evaluation techniques. *Smolen v. Chater*, 80 F.3d 1273,  
27 1284 (9th Cir. 1996). Where a claimant has produced objective medical  
28 evidence of an impairment which could reasonably be expected to

1 produce the symptoms alleged and there is no evidence of malingering,  
2 the ALJ can only reject the claimant's testimony for specific, clear,  
3 and convincing reasons. *Id.* at 1283-84. These reasons must be  
4 supported by substantial evidence in the record. *Thomas v. Barnhart*,  
5 278 F.3d 947, 959 (9th Cir. 2002).

6 The ALJ found that Plaintiff had severe impairments consisting of  
7 hypothyroidism, chronic fatigue syndrome, degenerative disc disease,  
8 degenerative joint disease of the lumbar spine, fibromyalgia,  
9 depression, hypertension, and arthritis of the third and fourth  
10 fingers of the left hand. (AR 27.) The ALJ concluded that  
11 Plaintiff's impairments could reasonably be expected to produce her  
12 alleged symptoms (and did not find that she was malingering), but  
13 determined that her statements concerning those symptoms were "not  
14 entirely credible." (AR 30.) He gave six reasons to support this  
15 finding, which are addressed in order below. Though it might appear  
16 that the ALJ provided more than enough reasons to discount Plaintiff's  
17 allegations of disabling pain, closer examination reveals that some of  
18 the reasons are not legally valid and others are not supported by the  
19 facts. As such, remand is required.

20 The ALJ's first justification for finding that Plaintiff was not  
21 credible was that she sat "comfortably" throughout the hearing. (AR  
22 30.) In general, this is not a proper basis for discounting a  
23 claimant's credibility. See *Perminter v. Heckler*, 765 F.2d 870, 872  
24 (9th Cir. 1985) (disapproving of so-called "sit and squirm"  
25 jurisprudence). This is particularly true here, where Plaintiff  
26 complained of discomfort during the hearing, testifying that she could  
27 feel her neck stiffening because she had been waiting and had not been  
28 able to rest her neck or lay down, and then testifying that she had to

1 stand up during the hearing because her back was hurting. (AR 50,  
2 56.) Thus, this reason for discounting her testimony is rejected.

3 A second reason offered by the ALJ was that the record "indicates  
4 that [Plaintiff] has failed to follow prescribed treatment and has not  
5 done her exercises." (AR 30.) Though a claimant's failure to follow  
6 prescribed treatment is a proper basis for an ALJ to conclude that a  
7 claimant's symptoms are not as painful as alleged, see *Tommasetti v.*  
8 *Astrue*, 533 F.3d 1035, 1039 (9th Cir. 2008) (quotation omitted), here  
9 the ALJ did not specify which prescribed treatment Plaintiff failed to  
10 follow. The Court has been unable to determine on its own what  
11 treatment the ALJ was referring to and, apparently, the Agency lawyer  
12 has had no better luck, as counsel failed to set forth what he  
13 believes the ALJ was referring to. (Joint Stip. at 9-12.) Thus, this  
14 reason is rejected.

15 Similarly, the ALJ did not offer any basis for his finding that  
16 Plaintiff had not done her exercises. The record shows that her  
17 rheumatologist, Dr. Zamiri, noted in an initial evaluation that  
18 Plaintiff should participate in regular exercise and lose weight in  
19 order to manage her fibromyalgia. (AR 279.) Dr. Zamiri did not state  
20 how often she needed to exercise, however. Dr. Zamiri also stated in  
21 a treatment plan that Plaintiff should "exercise regularly." (AR 270-  
22 71.) At the hearing, Plaintiff testified that she does stretching  
23 exercises--even though it hurts when she does them--"two, three times  
24 a week." (AR 55-56.) In the absence of evidence establishing that  
25 Plaintiff was told by her doctor to exercise more frequently and she  
26 refused, there was no basis for the ALJ's conclusion that Plaintiff  
27 had not done her exercises.

1           A third reason offered by the ALJ for rejecting Plaintiff's  
 2 testimony was that Plaintiff left her last job because she was fired,  
 3 not because she was disabled, and, thereafter, failed to look for  
 4 work. (AR 30.) Though this may constitute a proper reason for  
 5 discounting a claimant's testimony, see *Thomas*, 278 F.3d at 959  
 6 (holding ALJ's finding claimant had "extremely poor work history . . .  
 7 negatively affected her credibility"), Plaintiff correctly points out,  
 8 and the Agency concedes, that the record establishes that Plaintiff  
 9 looked for work after she was fired from her job. (AR 47, 208; Joint  
 10 Stip. at 11.) Thus, though it may have been reasonable for the ALJ to  
 11 infer that, because Plaintiff stopped working because she was  
 12 terminated, not because she was in too much pain to work, she was  
 13 capable of working, the ALJ's error regarding her attempts to find  
 14 work casts doubt on his conclusion that Plaintiff was not motivated to  
 15 work. As a result, this does not constitute a clear and convincing  
 16 reason to reject Plaintiff's testimony.<sup>1</sup>

17           The fourth reason provided by the ALJ for questioning Plaintiff's  
 18 testimony was that her daily activities and her treatment history were  
 19 inconsistent with her claims of disability. (AR 30.) The record does  
 20 not support this finding.

21           Daily activities can be grounds for an adverse credibility  
 22 finding, but only if a claimant is able to "spend a substantial part

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 24           <sup>1</sup> Additionally, the record shows that Plaintiff attended a ten-  
 25 day "vocational evaluation" conducted by the state department of  
 26 rehabilitation in April 2005, after which the evaluator concluded that  
 27 Plaintiff had not "demonstrated the ability to benefit from either  
 28 competitive or supported employment services." (AR 179.) A May 17,  
 2005 note stated that Plaintiff "is too disable[d] to receive[]  
 services from Department of Rehabilitation." (AR 200.) The ALJ  
 failed to comment on either report.

1 of [her] day engaged in pursuits involving the performance of physical  
2 functions that are transferable to a work setting." *Orn v. Astrue*,  
3 495 F.3d 625, 639 (9th Cir. 2007) (quotation omitted). The fact that  
4 a claimant can perform some household chores in a limited way does not  
5 mean that she can work. See *Vertigan v. Halter*, 260 F.3d 1044, 1050  
6 (9th Cir. 2001) (holding a claimant need not be "utterly  
7 incapacitated" in order to be found disabled).

8 Plaintiff testified that she washed dishes--"if there's dishes in  
9 the sink I put them in the dishwasher"--and she cooked--"I do cook,  
10 but just anything--just to throw in the skillet and put it together  
11 real quick." (AR 57, 58.) The ALJ found that Plaintiff's ability to  
12 "cook and wash dishes" undermined her testimony that she was disabled.  
13 (AR 30.) The Court disagrees. The minimal amount of effort Plaintiff  
14 described here does not suggest that she has the ability to hold down  
15 a job or that she was lying when she testified, in essence, that she  
16 was too incapacitated to work. Thus, this does not constitute a  
17 convincing reason to reject her pain testimony.

18 As to Plaintiff's "conservative" treatment, the record does not  
19 support this as a reason to reject her testimony, either. (AR 30.)  
20 Though this is a legitimate reason for discounting a claimant's  
21 testimony, see *Burch v. Barnhart*, 400 F.3d 676, 681 (9th Cir. 2005)  
22 ("The ALJ is permitted to consider lack of treatment in his  
23 credibility determination."), the ALJ failed to explain how  
24 Plaintiff's treatment was limited or conservative, or to cite to where  
25 in the record a doctor had suggested that more aggressive treatment  
26 was called for and Plaintiff ignored that advice. Thus, this reason  
27 cannot serve as a justification for discounting Plaintiff's testimony.

1       The fifth reason cited by the ALJ was that Plaintiff appeared to  
2 exaggerate her pain symptoms at the hearing, apparently meaning that  
3 Plaintiff moved her arms or neck while testifying in a way that  
4 contradicted her testimony that she could not move them in that way.  
5 (AR 30.) This was a proper basis for the ALJ to discount Plaintiff's  
6 testimony about her limitations, see *Verduzco*, 188 F.3d at 1090, and  
7 nothing in the record contradicts the ALJ's finding.

8       The sixth reason relied on by the ALJ was that there were  
9 inconsistencies in the medical findings, and between those findings  
10 and Plaintiff's testimony regarding her limitations. He noted that  
11 examining orthopedist Dr. Sabourin found minimal limitations in the  
12 range of motion in Plaintiff's neck, contradicting Plaintiff's  
13 testimony that she could not move it very far. Additionally, the ALJ  
14 noted that, despite Plaintiff's allegation of pain in her back,  
15 shoulders, hips, knees, wrists, and elbows, Dr. Sabourin found no  
16 tenderness in her joints, as would be expected with fibromyalgia. The  
17 ALJ also noted that, though Dr. Zamiri, Plaintiff's rheumatologist,  
18 found numerous tender points in her body, he also found normal range  
19 of motion in her neck and shoulder, no muscle atrophy, and no sensory  
20 or motor deficits. Finally, the ALJ noted that Dr. Sabourin and the  
21 state agency reviewing physicians found that Plaintiff had the ability  
22 to do medium-level work. (AR 30.)

23       In general, an ALJ is entitled to rely on the fact that a  
24 claimant's complaints are not supported by objective medical evidence  
25 to conclude that she is exaggerating her claims of pain. See, e.g.,  
26 *Osenbrock v. Apfel*, 240 F.3d 1157, 1165-66 (9th Cir. 2001) (upholding  
27 ALJ's credibility determination in part because evaluations revealed  
28 little evidence of disabling abnormality of the claimant's spine).

1 Here, the medical record shows that the treating and examining doctors  
2 were divided, not only with respect to the extent of Plaintiff's  
3 limitations and allegations of pain, but also on the question of  
4 whether she had fibromyalgia. (Compare AR 205-07 (stating that  
5 Plaintiff "does not have the true tender areas one would [expect] with  
6 the diagnosis of fibromyalgia), with 279 (diagnosing  
7 fibromyalgia/chronic fatigue syndrome)). Nevertheless, the ALJ found  
8 that Plaintiff suffered from fibromyalgia and expressly credited the  
9 opinion of rheumatologist Zamiri. (AR 27, 31.) Having accepted the  
10 opinion of rheumatologist Zamiri--rheumatology being the relevant  
11 speciality for fibromyalgia--the ALJ was obligated to give more weight  
12 to Dr. Zamiri's opinion than to the opinions of the non-specialist  
13 doctors who examined Plaintiff. See *Benecke v. Barnhart*, 379 F.3d  
14 587, 594 n.4 (9th Cir. 2004). The ALJ was also bound to take into  
15 account the "unique evidentiary difficulties associated with the  
16 diagnosis and treatment of fibromyalgia," and, in particular, the fact  
17 that objective evidence would be relatively less helpful in  
18 determining Plaintiff's limitations. *Rogers v. Comm'r, Soc. Sec.*  
19 *Admin.*, 486 F.3d 234, 245 (6th Cir. 2007); see also *Green-Younger v.*  
20 *Barnhart*, 335 F.3d 99, 108 (2d Cir. 2003) (reversing where the "ALJ  
21 effectively required 'objective' evidence for a disease [i.e.,  
22 fibromyalgia] that eludes such measurement."); *Sarchet v. Chater*, 78  
23 F.3d 305, 306 (7th Cir. 1996) (noting that fibromyalgia symptoms are  
24 "entirely subjective"). Where, as here, the ALJ concluded that  
25 Plaintiff suffered from fibromyalgia, and, clearly, fibromyalgia can  
26 cause pain, the ALJ could not rely on the fact that some doctors  
27 believed that Plaintiff did not have fibromyalgia, and others were  
28

1 unsure about her symptoms, to conclude that Plaintiff was not telling  
 2 the truth.<sup>2</sup>

3 In the end, of the six reasons relied on by the ALJ for finding  
 4 that Plaintiff was not credible, only one valid justification remains,  
 5 i.e., that it appeared to the ALJ that Plaintiff was exaggerating her  
 6 symptoms at the administrative hearing. This is the least persuasive.  
 7 Further, it is not clear to the Court whether the ALJ would have found  
 8 Plaintiff not credible for that reason alone.

9 See *Carmickle v. Comm'r, Soc. Sec. Admin.*, 533 F.3d 1155, 1162 (9th  
 10 Cir. 2008) (stating that the "relevant inquiry . . . is whether the  
 11 ALJ's decision remains legally valid," despite errors in the  
 12 credibility analysis). For this reason, the issue is remanded for  
 13 further consideration.

14 2. The Lay Witness Testimony

15 In her second claim of error, Plaintiff contends that the ALJ  
 16 erred by failing to properly discuss the written "testimony" of her  
 17 son and daughter-in-law. (Joint Stip. at 15-16.) For the following  
 18 reasons, the Court concludes that the ALJ erred as to the son, but not  
 19 the daughter-in-law.

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21       <sup>2</sup> It is unclear to what extent the ALJ accepted the "objective  
 22 medical evidence" in this case. For example, the ALJ did not explain  
 23 how he determined that Plaintiff could lift or carry ten pounds  
 24 occasionally and less than ten pounds frequently. (AR 28.) No doctor  
 25 made such a finding. Though the ALJ stated that he credited the  
 26 testimony of the medical expert, Dr. Landau, and examining orthopedist  
 27 Sabourin, those doctors found, respectively, that Plaintiff could lift  
 28 and carry ten pounds frequently and 20 pounds occasionally, and 50  
 pounds occasionally and 25 pounds frequently. (AR 31, 66, 207.) It  
 is particularly important in a case such as this, where the medical  
 evidence points in different directions, for the ALJ to explain his  
 conclusions regarding the claimant's limitations. On remand, he  
 should do so.

1       In determining whether a claimant is disabled, an ALJ must  
2 consider lay witness testimony concerning a claimant's ability to  
3 work. *Stout v. Comm'r, Soc. Sec. Admin.*, 454 F.3d 1050, 1053 (9th  
4 Cir. 2006); *Smolen*, 80 F.3d at 1288; 20 C.F.R. §§ 404.1513(d)(4),(e).  
5 Testimony from someone in a position to observe a claimant's symptoms  
6 and daily activities is competent evidence that must be considered.  
7 See *Dodrill v. Shalala*, 12 F.3d 915, 918-19 (9th Cir. 1993). However,  
8 an ALJ need only give reasons that are "germane" to the testimony in  
9 order to reject it. *Bayliss v. Barnhart*, 427 F.3d 1211, 1218 (9th  
10 Cir. 2005).

11       Plaintiff's son reported that Plaintiff was no longer able to sit  
12 for long periods of time, clean the house, or cook dinner because of  
13 her chronic pain. (AR 165.) The ALJ failed to mention the son's  
14 testimony. This was error. See *Stout*, 454 F.3d 1053. Further, the  
15 error was not harmless because, crediting this testimony, it is not  
16 clear to the Court that no reasonable ALJ would have concluded that  
17 Plaintiff was disabled. See *Stout*, 454 F.3d at 1056 ("[W]e hold that  
18 where the ALJ's error lies in a failure to properly discuss competent  
19 lay testimony favorable to the claimant, a reviewing court cannot  
20 consider the error harmless unless it can confidently conclude that no  
21 reasonable ALJ, when fully crediting the testimony, could have reached  
22 a different disability determination.").

23       The Agency's argument that the son's testimony should be  
24 discounted because he thought that his mother suffered from Lupus is  
25 rejected. The ALJ never said that he was rejecting the testimony for  
26 that reason. On remand, the ALJ should address this testimony.

27       Plaintiff's daughter-in-law reported that Plaintiff often had  
28 difficulty sleeping, could no longer prepare meals, could not do

1 housework, rarely went outside, could no longer "actively garden,"  
 2 could walk no further than one or two blocks, and found all physical  
 3 activities "taxing" because of her pain. (AR 147-51.) She also  
 4 reported that Plaintiff was "unable to sit or stand for long periods  
 5 and has to rest after any length of standing because of the pain it  
 6 causes." (AR 163.) According to the daughter-in-law, "on the very  
 7 rare occasions we do go shopping or spend a few hours out of the house  
 8 [Plaintiff] requires repeated breaks to rest and is in constant pain."  
 9 (AR 163.)

10 The ALJ noted the daughter-in-law's testimony but stated that he  
 11 gave "greater weight" to the documented medical evidence of record.  
 12 (AR 29.) This reason is germane to the testimony and is, arguably,  
 13 supported by the record. As such the ALJ's rejection of the daughter-  
 14 in-law's testimony will not be disturbed. See *Bayliss*, 427 F.3d at  
 15 1218 (affirming ALJ's rejection of lay witness testimony because it  
 16 was inconsistent with medical evidence).

17       3. The Treating Doctor's Opinion

18 In her third claim of error, Plaintiff contends that the ALJ  
 19 erred when he rejected an assessment of disability by Plaintiff's  
 20 treating physician Antonio Tan without providing a reason. (Joint  
 21 Stip. at 18-19.) For the following reasons, the Court disagrees.

22 Though, in general, a treating doctor's opinion is entitled to  
 23 deference, see, e.g., *Orn*, 495 F.3d at 631, a treating doctor's  
 24 opinion regarding the ultimate issue of disability is not entitled to  
 25 any special weight. See *Batson v. Comm'r of Soc. Sec.*, 359 F.3d 1190,  
 26 1195 (9th Cir. 2004) (reaffirming that treating physician's opinion is  
 27 "not binding on an ALJ with respect to the . . . ultimate  
 28 determination of disability."); 20 C.F.R. § 404.1527(e)(3); see also

1 Social Security Ruling 96-5p (stating that opinion that claimant is  
 2 disabled, "even when offered by a treating source, can never be  
 3 entitled to controlling weight or given special significance").

4 In a May 24, 2007 letter, Dr. Tan opined that Plaintiff suffers  
 5 from multiple medical problems and "has not been able to work since  
 6 2004." (AR 285.) Dr. Tan reported that, "[b]ased on her medical  
 7 conditions [Plaintiff] has not been able to recover completely and  
 8 further adjustments of her medications will be assessed upon  
 9 recommendation of the Rheumatologist, Dr. Zamiri." (AR 285.) In his  
 10 decision, the ALJ noted Dr. Tan's letter but rejected it as "an  
 11 ultimate conclusion of permanent disability," which is reserved to the  
 12 Agency. (AR 31.) This was a proper basis for rejecting Dr. Tan's  
 13 opinion. See *Batson*, 359 F.3d at 1195. Aside from concluding that  
 14 Plaintiff was disabled, Dr. Tan's letter offered no medical assessment  
 15 of her condition. (AR 285.) As such, the ALJ was not bound to  
 16 discuss it in any greater detail. See, e.g., *Batson*, 359 F.3d at 1195  
 17 (holding that ALJ may give "minimal evidentiary weight" to treating  
 18 physicians' opinions that are conclusory, brief, and unsupported by  
 19 the record). Furthermore, it is clear that the ALJ accepted the  
 20 diagnoses noted by Dr. Tan in the letter, in finding that Plaintiff's  
 21 various medical problems constituted severe impairments. (AR 27.)  
 22 Thus, this claim does not warrant reversal or remand.

23       4. The Vocational Expert's Testimony

24       In her fourth claim of error, Plaintiff contends that the ALJ  
 25 erred in relying on the vocational expert's testimony to find that she  
 26 could work as a customer service representative, which the vocational  
 27 expert concluded was sedentary work. (Joint Stip. at 22-24.) Though  
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1 the vocational expert did err here, as explained below, the error was  
2 harmless.

3       The vocational expert concluded that Plaintiff could perform the  
4 work of a customer service representative, Dictionary of Occupational  
5 Titles ("DOT") No. 959.361-019. (AR 73-74, 84-85.) Plaintiff points  
6 out that the DOT describes this work as light work, not sedentary, and  
7 argues that she is not capable of performing light work. (Joint Stip.  
8 at 23.) The Court agrees. The job of customer service  
9 representative, as described by the vocational expert, and as the  
10 Agency acknowledges, (Joint Stip. at 24), is light work, requiring a  
11 level of exertion that Plaintiff cannot meet. Nevertheless, the  
12 vocational expert also testified that a person with Plaintiff's  
13 residual functional capacity could work as a "customer or order clerk,  
14 or general office clerk," which is classified as sedentary work, and  
15 for which 2,000 jobs exist regionally and 20,000 nationally. (AR 85.)  
16 Thus, even though the vocational expert erred, the error was harmless  
17 because it did not effect the ultimate finding on this issue. See  
18 *Stout*, 454 F.3d at 1055 (defining harmless error as one that is  
19 inconsequential to the ultimate nondisability determination). The ALJ  
20 may, however, want to revisit his step-five analysis on remand after  
21 he reconsiders Plaintiff's credibility and the testimony of  
22 Plaintiff's son.

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1                          IV. CONCLUSION

2       For these reasons, the Agency's decision is reversed and the case  
3 is remanded for further proceedings consistent with this memorandum  
4 opinion and order.

5       IT IS SO ORDERED.

6       DATED: March 15, 2010.

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9                          PATRICK J. WALSH  
10                         UNITED STATES MAGISTRATE JUDGE